



NO NUTS POLICY

Dear parents and carers,

We need to make you aware that we have children in school who have severe nut allergies. If these children come into contact with nuts or products with nuts in, they can suffer life-threatening consequences. We have a policy about nuts in school and need every parent to read and understand what they can include in their child's packed lunch.

Examples of the items that we do **NOT** want children to bring to in their packed lunch include:

- packs of nuts
- peanut butter
- fruit and cereal bars that contain nuts
- chocolate bars such as Snickers that contain nuts
- sesame seed products including rolls
- chocolate spread
- muesli bars
- cakes with nuts in them

In general, there is a section on food products that contains allergy advice. If this says that it 'does contain nuts' or 'may contain peanuts' then we **DO NOT** want you to send these products into school.

Many product labels say that the product '**may contain nuts**' and this tends to be manufacturers being cautious, so these products **are allowed to be brought into school**.

Adults in school check the lunch boxes to ensure that no nut products are included. If we feel there is an item in your child's lunchbox which is not safe, we will remove it and give it back at the end of the school day.

We would ask that all parents adhere to it for the safety of all children. If there are any issues that you feel arise as a result of this policy, please do come and see the Head of School to discuss them.

Thank you for your understanding,

Mrs Aldridge
Head of School